

Building Healthy Riparian Buffers with Reliable Practices

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Photo:Ryan Matz Photography

## Advancing knowledge & stewardship of freshwater systems through global RESEARCH, EDUCATION, AND WATERSHED RESTORATION



Est. 1967 Avondale, Pennsylvania Independent 501(c)(3) non-profit







### Stroud's Priority Watersheds for Restoration





<u>Healthier</u> Streams: Key to Restoring Chesapeake Bay, Delaware Bay and the Gulf Of Mexico

We Need to Pursue Strategies that improve *both* local and downstream waterways simultaneously



### Pursue Watershed Restoration vs Stream (Channel) Restoration



NOAA 2017

![](_page_4_Picture_3.jpeg)

![](_page_5_Picture_0.jpeg)

![](_page_5_Picture_1.jpeg)

![](_page_6_Picture_0.jpeg)

Trees: a fundamental tool for watershed restoration but not a silver bullet.

Without trees in uplands and floodplains, stream health will <u>not</u> recover, regardless of other actions

![](_page_6_Picture_3.jpeg)

Riparian Forested Buffer to Restore Some of the Forest's Function

![](_page_7_Picture_1.jpeg)

![](_page_7_Picture_2.jpeg)

![](_page_8_Figure_0.jpeg)

Original image used with permission from USDA-Sustainable Agriculture Research and Education Program

![](_page_8_Picture_2.jpeg)

# Bank Habitat And Stability

## In-Stream Habitat with Woody Debris

![](_page_10_Picture_1.jpeg)

Photo: Alan Petrucci and http://smallstreamreflections.blogspot.com/

# In-Stream Habitat With Roots

![](_page_12_Picture_0.jpeg)

Solid and Dissolved Carbon is Stream Food

![](_page_12_Picture_2.jpeg)

Photo:Ryan Matz Photography

![](_page_13_Picture_0.jpeg)

# More Habitat!

![](_page_13_Picture_2.jpeg)

Forested areas: 2-3x wider than grassy areas

- 2-3x more habitat per length of stream
- More life, more ecological services

Same Stream, Looking Other Direction!

![](_page_14_Picture_4.jpeg)

## **Grass Starves and Constricts Small Streams**

Same stream, several hundred yards apart

![](_page_15_Picture_2.jpeg)

## Why Trees & Shrubs for Streams?

- Shade for cooler water
- Roots to filter runoff & stabilize banks
- Wider, shallower streams w/ better habitat
- Large woody debris for in-stream habitat
- Dissolved carbon (stream food)
- Solid carbon leaves & twigs (stream food)

## How to efficiently/reliably restore riparian forests?

![](_page_16_Picture_8.jpeg)

![](_page_17_Picture_0.jpeg)

How to plant a site like this and have robust tree growth NOT a weed patch?

Chester County Site, 2016

![](_page_17_Picture_3.jpeg)

![](_page_18_Picture_0.jpeg)

![](_page_18_Picture_1.jpeg)

![](_page_19_Picture_0.jpeg)

#### Chester County, PA Site, 2018

![](_page_19_Picture_2.jpeg)

![](_page_20_Picture_0.jpeg)

Chester County Site, 2021

![](_page_20_Picture_2.jpeg)

# Stroud's Typical\* Methods for Riparian Buffer Establishment

With thanks to many dedicated peers, co-workers and landowners.

\* Some methods under review, may shift

![](_page_21_Picture_3.jpeg)

![](_page_22_Picture_0.jpeg)

Stroud has 40 Years of Riparian Forest Insights

Research, Trial and Error, Help by Colleagues

![](_page_22_Picture_3.jpeg)

![](_page_23_Picture_0.jpeg)

#### There are many fine ways to plant

![](_page_23_Picture_2.jpeg)

Have a strategy to address 5 years of "threats" Plant with maintenance in mind

![](_page_23_Picture_4.jpeg)

### FLOODS

## **BROWN DEATH**

loe Kosack/PGC Photo

#### NEGLECT

MAT TO

![](_page_24_Picture_3.jpeg)

**GREEN DEATH** 

#### WHAT THREATS?

![](_page_25_Picture_0.jpeg)

### Our Context for Buffers

- SE PA farms
- pastures, cropland
- many invasive plants
- deer and rodents
- rich soils, fast growth
- "neat look" expected

![](_page_25_Picture_8.jpeg)

![](_page_26_Picture_0.jpeg)

# We use more container seedlings than bare root stock:

- Longer planting window
- Easier to plant properly
  - More rapid take off
- Plants are only 20% of project cost
  125-200 stems/ac
  15' x 15' ft spacing typical
  - 15' x 15' ft spacing typical

![](_page_26_Picture_7.jpeg)

# 5' Tree Shelters Drive the System

- Help us find and protect trees
- Early and long term protection
- Use brands with track record
- Center-hole nets for birds, trees

![](_page_27_Picture_5.jpeg)

![](_page_27_Picture_6.jpeg)

### Tree shelters aren't the only means of protecting trees from deer, but shelters are a widely adaptable, replicable technique

![](_page_28_Picture_1.jpeg)

### Key Step: 1. Pick the right plants for the site

Our "go-to workhorses" for SE PA

#### TREES

- Sycamore
- Black Willow
- River Birch
- Swamp White Oak
- Pin Oak
- Black Gum
- Red Maple
- Silver Maple
- Hackberry
- Tulip Poplar
- Basswood/Linden
- Willow Oak
- Sweet Gum

#### Many Others!

SHRUBS/SMALL TREES Red/Silky/Gray Dogwood Arrowwood Black, Red Chokeberry Serviceberry American Plum Redbud Hornbeam Elderberry Alders Ninebark Shrub willows

For this list and other info: <u>https://stroudcenter.org/restoration/resources</u>

![](_page_29_Picture_19.jpeg)

![](_page_30_Picture_0.jpeg)

# 2. "Clean Culture" (orchards, tree farms) for first 3-5 years

Typically achieved by mowing and 3'diameter spot with herbicide (aquatics-approved form of glyphosate)

![](_page_30_Picture_3.jpeg)

## Stone mulch is becoming Stroud's standard method (with more learning yet to be done)

![](_page_31_Picture_1.jpeg)

![](_page_31_Picture_2.jpeg)

Typical Maint. Schedule in SE PA Using of 3' Herbicide Spots (vs. stone)

## Late Feb/Early March:

- Fix tubes/stakes/nets
- If invasive plants are an issue: Sprinkle pre-emergence herbicide (ex. Snapshot <sup>™</sup>) INSIDE shelters
- Cost: ~\$80/acre (mostly labor)

![](_page_32_Picture_5.jpeg)

## Late April: Spray 3' herbicide spots

- Want grass active, conveniently short
- Remove nets if tree is <10" of top of shelter
- Cost: \$120/acre by contractor

![](_page_33_Picture_4.jpeg)

## Early May:

- First mowing can be 'high'
- Done after herbicide application
- Cost: Often by landowner
  (~\$150/ac if contractor must mobilize)

![](_page_34_Picture_4.jpeg)

## Late May/Early June:

For sites with invasive plants pressure:

- 2<sup>nd</sup> dose of Snapshot<sup>TM</sup> (easy after mowing)
- Or lift tubes, weed by hand
- Cost: \$80/ac

![](_page_35_Picture_5.jpeg)

## July/August:

- 2<sup>nd</sup> mowing: mow *first*, then...
- 2<sup>nd</sup> applic of 3' herbic. spot (needed?)
- Stakes, shelters, nets
- Check mortality for possible replant in spring

In a really wet year, may need another mowing in July/August

![](_page_36_Picture_6.jpeg)

## Late fall:

- final mowing (especially if voles)
- final stake, shelter, net check
- Restart schedule in late winter through year 3 at least

![](_page_37_Picture_4.jpeg)

#### The Shrub "Dilemma"

- Great for Diversity
- Great for Pollinators

### But how to protect??

![](_page_38_Picture_4.jpeg)

![](_page_38_Picture_5.jpeg)

![](_page_38_Picture_6.jpeg)

![](_page_39_Picture_0.jpeg)

![](_page_39_Picture_1.jpeg)

# Shrubs in 5 ft Shelters?

![](_page_40_Picture_1.jpeg)

Tree Form Shrubs Are Well Adapted to 5 ft Shelters

![](_page_40_Picture_3.jpeg)

Multi-Stem Shrubs Can Work in Shelters with Management

![](_page_40_Picture_5.jpeg)

## Final Thought: Leave those tree shelters on! Protect from buck rub until trees reach 4" caliper

![](_page_41_Picture_1.jpeg)

Buck Rub Damage After 1 Week of Removing Shelter

![](_page_41_Picture_3.jpeg)

![](_page_42_Picture_0.jpeg)

#### Thank you!

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![](_page_42_Picture_4.jpeg)

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